

The writings of the Duke
Henry Entwicke Esq^r 1685

A Receipt
Given under hand & Seal by a Physician to the Sheriff
of York as a special Gratification for a favour done
him by the Sheriff.

Take 4 handfulls of Sage, beat it in a Stone Mortar,
like green sauce, then put in a Quart of Clarrett wine,
and let it stand 3 or 4 days close stopp'd up, Shaking it
twice or thrice, then let it stand & Settle, and the next
day in the morning take of the Sage wine 3 spoonfulls,
and of running Water one Spoonful, fast after it an
hour or better, use this from Michaelmas to the end
of March.

Its Vertues. It will cure any Aches in the Joynts,
or any humors dry Rheums, keep from all diseases to
the 4th degree, it will help the dead Palsey, & Convulsion
of the Sinews, Sharpens the memory, and from the
beginning of taking it, it will keep the Body mild,
Strengthen nature till the fullness of your days
be finished, Nothing will be chang'd in yo^r Strength,
except the change of your hair, it will keep your
Teeth sound, that they be not Corrupted, it will keep
you from the Gout, the Dropsy or any Swelling
in the Joynts, or Body, this by the help of God
Almighty hath kept me in this State from 50
to 85 which I now am in.

Probatum est.